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## CHEMABRASION SKIN RESURFACING

A chemabrasion is a unique procedure that combines the advantages of a light to moderate depth dermabrasion (<u>not microdermabrasion</u>) with a medium depth chemical peel. It is an ideal procedure to treat facial wrinkles, acne pits, skin irregularities, photo damage, facial scars, pre-cancerous lesions and <u>early</u> skin cancers. Most people will find a 70% to 80% decrease in wrinkles and a 50% or greater improvement to acne scars.

Post-procedure wound care is an important aspect in healing to the maximum benefit. It is essential to keep the skin clean and well hydrated to prevent crust formation.

The initial pinkness of the skin will gradually lessen in 1 to 2 months. Mineral makeup such as Colorescience and a physical sun-block such as Tizo may be started 8 to 10 days after the procedure.

General anesthesia is not required. Local anesthesia in addition to oral sedation alone or in combination with intravenous sedation is sufficient for comfort, relaxation and unawareness.

Walking may be resumed right away followed, within days, by light activity as tolerated. Most people will take 7 to 10 days off work depending on how strenuous your job is.

A chemabrasion is most often done on the entire face, although the area around the mouth (smoker's lines), eyes (crow's feet) or cheeks can be performed as independent procedures.