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FACELIFT SURGERY

A facelift (cheek/neck lift) restores a youthful, natural appearance by returning fullness to the cheeks, lifting the jowls and smoothing the neck. Mid-facial implants might be suggested to some people to add balance and fullness to the cheeks.

Deep tissue work provides contouring, support, tightening and adds longevity to the procedure result. Suturing the "turkey" neck bands provides a continuous sling of muscle support. A suspension suture is often placed beneath the jawline for additional long-term benefit.

Incisions are hidden within the natural creases and contours of the ears and hair (the hair does not need to be shaved). An elastic support is worn for approximately 5 days. Pain is usually minimal and easily controlled with Ibuprofen or Tylenol.

General anesthesia is not needed as a combination of local anesthesia, oral and intravenous sedation will provide relaxation and lack of awareness through the procedure.

Most people will be able to return to work in 8 to 10 days depending on job requirements. Exercise will be gradually increased, as tolerated through the first few weeks as healing progresses. Make-up may be worn at 5 to 7 days. Hair color should be avoided for 4 weeks.

A facelift may also be separated into a cheek lift only or a neck lift depending on individual concerns.