

Terry J. Perkins, M.D.
**Cosmetic Surgery Center
Medical Group Inc.**

FACIAL AUGMENTATION

Through facial augmentation contours can be changed to add a more balanced, youthful appearance. There are a variety of methods available to achieve this goal.

Soft-solid alloplastic implants can offer permanent changes. They are very well tolerated and, if ever desired, reversible. Unlike gel-filled implants, this soft silastic material adds the benefit of being able to be custom cut and shaped without the possible complication of leakage. Areas commonly treated are the Nose, Cheeks, Chin, Angle of the Jaw and Lips. Augmentation can be done as a stand-alone procedure or in combination with various surgical procedures. It is not unusual to do a chin augmentation along with a Rhinoplasty or cheek implants with a Facelift. The possibilities are endless. Pain is mild to moderate and easily controlled with oral medications. You will be placed on antibiotics to prevent infection.

Fat transplantation into the soft tissue offers long lasting benefit although the percent of "take" varies with the individual. What does take is in place for years. Fat grafting to the face or breasts remains the most popular areas. The ideal area to obtain the fat from is the abdomen, though the inner thighs or knees can also be used. It is important to keep the donor and recipient sites quiet for the first few days post-op.

Fillers such as Restylane, Perlane, Radiesse and Juvederm provide excellent, temporary augmentation. Depending on the product used, fillers can last 6 to 18 months. They are excellent to treat facial creases, wrinkles, flattened cheeks, lower eyelid grooves, lips and the list goes on. A Layered Liquid Lift (using multiple syringes of different fillers at a single treatment session) can provide dramatic results with no downtime.

Cosmetic Surgery Center Medical Group, Inc. . www.cosmeticsurgerysb.com
2323 De La Vina, Suite 101, Santa Barbara, CA 93105 . (805) 563-0000 or (800) 544-3223
500 East Esplanade Drive, Suite 815, Oxnard, CA 93036 . (805) 988-1000